August 16, 2023 at 18:28:04 EDT Hello RCL Team,

This letter is in regards to the Legion Track and Field competition at Sherbrooke Quebec this past weekend. My son Owen competed for Team Ontario and by all accounts he had an outstanding experience.

I want to thank all the staff, organizers, and volunteers for their time and commitment to creating a lifetime of memories for so many Canadian athletes. I cannot imagine the amount of time involved in planning an event of this magnitude.

Thank you to the Team Ontario chaperones Diane, Suzanne, the Coaches Mike, Chris and Jamal, and the bus driver Stan who safely transported the Team Ontario kids to and from the events and their homes.

Owen has not stopped talking about this experience. He has gained so much by being away from family for the first time, and by being surrounded by likeminded individuals who have become friends through competition. Beyond the athletic events, there were the Dragon Boat Race, the trip to the Museum and the Banquet... Wow, what a weekend. I cannot thank the Royal Canadian Legion enough for this experience.

My son Owen is already thinking ahead to next year's competition.

Our Regards, Shay and Melani Lewis, Ajax ON